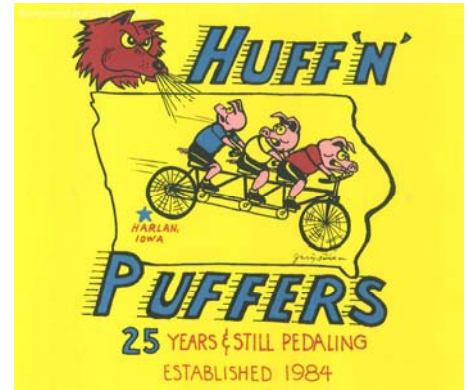


May 24, 2009
Elk Horn, IA

Tour de Tivoli



Come and be a part of the first annual Tour de Tivoli Bike Ride! Proceeds go to the Petersen Family Wellness Center Fundraising Campaign, Harlan, IA and the Livestrong Foundation.



Ride the 26 mile loop with Local Livestrong Army Leader, two-year cancer survivor, Lisa Thomas as she takes you on a great training route for the July "ride across Iowa". Greg Roecker, Vice President

of the Huff "N" Puffers Bike Club will tackle the 52 mile loop for those riders who want a double marathon.

Tour de Tivoli will be a "poker run" with prizes donated by local bike shops and businesses awarded to the highest ranking poker hands. Dealer stations/refreshment stops will be located along the route for bikers to draw poker cards and refresh with water and snacks. Registration begins at 8:00 a.m. in Elk Horn, IA across from the Danish Inn Restaurant, just south of the Elk Horn Country Store (4133 Main Street) on Main Street. After bikers register, they may park their bikes at the registration table and walk to the Fire Station (just up the street) where Aebelskiver Breakfast will be served before the ride officially begins at 9:00 a.m.

The Tour will go west out of Elk Horn on F-58, travel to the Prairie Rose Lake Road where riders will go north to Highway 44, then head east towards Jacksonville, turn south at Kimballton and up the famous "creamery hill". The ride will end again in Elk Horn where there will be several options for lunch: BBQ cook-off, Danish Inn, open-faced sandwiches and various vendors. There will be other Tivoli activities to enjoy after the ride.

A 15" Jeep Mountain Bike, donated by the Pepsi Co. will be raffled at the end of the ride. Raffle tickets are available prior to the ride at the McDowell Fitness Center (Myrtue Medical Center, Harlan) Shelby County State Bank, Elk Horn and Harlan, and Midstates Bank, Harlan for \$ 1 each. Raffle tickets will also be available the day of the Tour.

\$ 25.00 Tour de Tivoli fee includes: Aebelskiver Breakfast, first annual Tour de Tivoli T-shirt, Dealer stations/refreshment stops, and chances to win prizes. You may pre-register by completing the form below and mailing to the address on the form. You may also register online at <http://wellness.myrtuemedical.org> or the day of the Tour. For more information, call 712-755-4417.

NAME _____ TELEPHONE _____

ADDRESS, CITY, STATE, ZIP _____

26 MILE LOOP 52 MILE LOOP T-Shirt Size: Sm Med Lrg XL XXL

Mail Registration Form to:
Petersen Family Wellness Center
1213 Garfield Ave
Harlan, IA 51537



Make Checks Payable to:
Petersen Family Wellness Center